



## Quickguide LENA rollator med albuestøtte, varenummer: TGR-R RS 8811

### 3. Assembly

#### Folding and unfolding

- The rollator consists of 4 elements: frame, connecting element, elbow support and handle with brake
- Firstly, fix the connecting element (**e**) into the mounting openings of the frame and lock them with mounting lever.
- Secondly, fix the elbow support (**d**) and adjust the height by tightening locking lever (**h**).
- Fix the push handles with brakes (**a**) into the mounting openings under the elbow supports (**d**) and adjust the height by tightening the locking lever (**i**).
- To unfold the rollator, press down the crossbar which is placed under the seat so that the hinges (**k**) which are on the outer sides of the rollator are completely unfolded.
- Hang the basket in the front part of the rollator, below the seat.



- Fix the tray on the seat so that the catches of the tray are in the mounting openings.
- Remove plastic casing from wheels.
- To fold the rollator for transport, engage the brake by pulling the handle towards you energetically. Press the lock of frame folding on the right side of the frame and pull the crossbar upwards simultaneously. The basket and tray can be dismantled.

**Note!** Be careful while folding the rollator due to the risk of smashing fingers in hinges.

### Brakes

- The design of hand brake allows blocking it without the need to let go the handle which significantly improves the user's safety.
- In order to stop the rollator, pull the brake handle towards you and the push handle, and hold.
- While stop or using the seat, lock the brake with stopping handle (red handle) by pulling it towards you.
- To release the brake, push the stopping handle away in the opposite direction.





### Height adjustment of elbow support

- To adjust the height of elbow supports, unscrew the locking levers which are located on the outer side of the frame, select appropriate height and tighten the locking levers.
- To adjust the distance of the push handle, unscrew the mounting lever which is located under the elbow support, select appropriate distance and then, tighten the mounting lever.

**Note!** The handles must be set on the same level.

### Adjustment of brakes

#### Adjustment of upper brake

- Unscrew the nut of brake cable, pull it up to the appropriate length and lock it by tightening the locking nut.

#### Adjustment of lower brake

- Loosen the mounting screw using open-end wrench, pull the black brake cable to adjust the tension of the cable, and then, tighten the mounting screw.

